



**CINCINNATI AQUATIC CLUB  
Iron Hawk IMX Meet**

**Friday, November 16 and Saturday, November 17, 2007**

**Location:** Cincinnati Country Day School

**PARKING: We ask ALL CAC families and coaches to park in the SOUTH PARKING LOTS, WHICH CAN BE ACCESSED USING THE MAIN CCDS ENTRANCE.** Please drop your child off at the pool and proceed to the south lot to park, as a courtesy to our visiting teams.

<b>SCHEDULE:</b>	<b>FLEX</b>	<b>WARM-UP</b>	<b>MEET</b>
Friday:	4:40 PM	5:00 P.M.	6:15 P.M.
Saturday:	6:40 AM	7:00 A.M.	8:15 A.M.

**THIS MEET IS A TIMED FINAL MEET**

**A WORK ASSIGNMENT SHEET WILL BE ON THE WEBSITE. CHECK THERE TO SEE YOUR ASSIGNMENT. PLEASE ALLOW PLENTY OF TIME TO DROP OFF YOUR SWIMMER, PARK YOUR CAR, AND WALK TO THE POOL IN TIME FOR YOUR WORK ASSIGNMENT. WE THANK ALL OF OUR VOLUNTEERS FOR THEIR ASSISTANCE WITH THIS IMPORTANT TEAM FUNDRAISER.**

**AWARDS:** Ribbons for first through sixth place.