



OHIO SENIOR SHORT COURSE CHAMPIONSHIP
Miami University's Corwin M. Nixon Aquatic Center
Friday, February 29 - Sunday, March 2, 2008

FORMAT: This is a prelim/final meet. All athletes compete in the same prelim sessions.

ELIGIBILITY: The Ohio Senior Short Course Championships are open to all swimmers 15 years old and older, to all 14 year old swimmers who are in high school; and, to all swimmers 14 years old and younger who are not in high school, but who have achieved National 15-16 AAA Times in the events they enter. Relay only swimmers must be at least 12 years of age. High school students who are 14 years old and wish to enter the Ohio Regional or AA Age Group Championships should discuss their options with Coach Spurling. **All Senior/National swimmers should plan to attend this meet.**

Coach Spurling will be entering swimmers in their events. Suggestions and requests are welcome.

You may swim a maximum of three events per day (including time trials) with a maximum of six events for the meet (excluding time trials).

You may enter more than the maximum, but must scratch upon arrival at the meet. Entry fees will not be returned for events that are scratched.

| SCHEDULE: | Warm-up | Meet Starts |
|---------------------------|----------------|--------------------|
| Preliminaries (Fri, Sat)* | 7:00 am*** | 8:15 am |
| Timed Finals (Sunday) ** | 8:30 am*** | 9:45 am |
| Finals | | |
| Friday & Saturday | 4:15 pm*** | 5:30 pm |

****Sunday will be a timed finals session with time trials to follow.**

*** Time Trials to follow prelim session.**

***** All scheduled times are subject to change. *****

SCRATCH PROCEDURES: Swimmers who fail to scratch a preliminary event and do not swim that event will not be penalized. However, this will count as one of their three allowed events of the day and six of the meet. **THE 30 MINUTE SCRATCH RULE WILL BE IN EFFECT FOR FINALS.** You must scratch within the time limit. If you do not scratch or fail to show at finals, you can be barred from your next event at the meet or fined \$25 per event. **Please do not scratch an event without talking to Coach Spurling. Swimmers are expected to compete in finals if they qualify.**

COST: \$7.00 per individual event, \$2.00 Ohio Swimming surcharge. The \$8.00 coach's out of town surcharge will apply.

If you make a cut at the Senior meet for the **Speedo Championship Series (Central Zone Sectionals)** we will be able to enter you in the Sectional meet.