

# Fishers Taper Group

<u>July</u>		<u>AM</u>	<u>PM</u>
2 <sup>nd</sup>	Mon.	7:00-9:00 am	4:15-6:30 (no running)
3 <sup>rd</sup>	Tue.	OFF	3:50-5:30 (no wts.)
4 <sup>th</sup>	Wed.	NO Practice: If you have a pool you can get into please do about a 1200-1500 loosen up.	
5 <sup>th</sup>	Thu.	8:00-9:30 am	OFF (travel) & (Shave)
6 <sup>th</sup> -8 <sup>th</sup>	Fri.- Sun.	Have Fun and Swim Fast....Go Hawks.	

\*\*\*I look forward to seeing you continue your training after this meet until you have to leave for you various conflicts.\*\*\* We will go back to work. Go Hawks!!!