

June 18, 2007

## **Seahawk Talk**

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### **I. Schedule Changes and Announcements**

- No a.m. practice on Friday, June 22<sup>nd</sup> due to the David Webb NKC Inv.
- Friday p.m. practice June 22<sup>nd</sup> is combined... A-1 and A-2 5:00-6:15, A-3 and T-1 5:00-6:30 p.m., T-2 and Sr. 5:00-7:00 p.m.
- No practice on Saturday, June 23<sup>rd</sup> or Clermont Y a.m. practice Monday, June 25<sup>th</sup> due to the prelim/finals at the NKC meet.
- Thank you to Mrs. Jenkins for her work on the Reds outing.
- Thank you to all the parents who helped with the food for the overnight. The Donovan's for breakfast.

### **II. Status Of Meet Entries**

- **Northern Kentucky Clippers, David Webb Invitational; June 22-24, 2007:** This meet is closed. More information to follow the week of the meet.
- **Ohio Open Water Championship; East Fork Lake; June 26, 2007:** Please watch for worker sign-ups!
- **Fisher Summer Jam; Fisher (Indianapolis), IN; July 6-8, 2007:** This meet is closed. Details will be available the week of the meet.
- **Ohio Age Group Regional Champs; Silverlake Rec Center, Northern KY; July 13-15, 2007:** All Age Group swimmers who do not have their JO (AA) cuts are expected to attend this meet. More information will be available soon. Coaches will be selecting the swimmers events for this meet.
  
- **Ohio Junior Olympic (AA) Championships; Miami U; July 19-22, 2007:** All Age Group swimmers who have JO cuts are expected to participate in this meet. Some swimmers without individual cuts will be swimming on relays. If you will not be able

to attend this meet, please tell your coach ASAP! Coaches will be selecting events for this meet.

### **III. Coaches Corner**

- Congrats to the Black team who edged out the Red team. It was a close and spirited event. It is time now to come together for the NKC meet and the open water championships.
- Training is going well with record attendance at the Clermont YMCA. Seahawks keep up the good work.
- Final Countdown...

1 week	NKC "David Webb" Inv. (Silverlake)
1 ½ weeks	Ohio Open Water Champs (East Fork Lake)
3weeks	Fishers Summer Jam (Fishers H.S.)
4 weeks	Ohio A-G Regional Champs (Silverlake)
5 weeks	Ohio J.O.'s A-G State Champs (Miami)
6weeks	USA Sectionals (Miami)
7 weeks	USA Senior National Champs (IUPUI)
8 weeks	Ohio Senior Champ (Bowling Green) and A-G Zones (Cleveland State)
- Swimmers of the week...

A-1 and A-2	Audrey Shelton
T-2	Stephanie Pearce
A-3	Jack Krug
Sr.	Lauren Weaver
T-1	Lauren Tassone
- **"I'm not trying to prove anybody wrong, I'm just trying to prove something to myself." -Mike Piazza-**