

2015 Triple Crown – OSSC Recap

EVENT WINNERS

Phoebe Ferguson
Avery Catalano
Sloane Antonetz
Cameron Kuriger
Hudson Williams
Andy Lu
Spencer Aurnou-Rhees
Braden Hopkins
Kennedy Makel
Lola Zimpfer

Camdyn Price
Sammy Sims
Leah Stamm
Erin Reardon
Kaitlyn Sims
Ema Rennie
Martina Moncolova
Logan Lawhorn
Hannah Beavers
Mia Brown

Jacob Eismann
Jared Davis
Spencer Tussing
Calvin Furbee
Will Elsrod
Riley Huddleston
McKayla Moffat
Kate Saczawa
Jason Orr
Janessa Mathews

SWIMMERS OF THE MEET

Novice

- **Sophie Khelashvili** – she dropped over 10 seconds in her 50 free and 10 IM, with great races in her other events, as well. She has been consistently dropping time and working hard in practice and I can't wait to see how much farther she makes it this season!

Bronze

-

Silver

- **Anna McGrath** – Anna had a great weekend resulting in all best times. This is the best I have seen Anna race all season. Keep up the hard work!
- **Lindsey Rush** – Lindsey did a really nice job racing this weekend! She dropped time in all of her events, including a three second drop in her 100 IM. Great job Lindsey!

Gold

- **Emily Matessa** – Emily dropped time in every single event she swam over the weekend. Emily has been working incredibly hard in practice to achieve these new best times! Great job, Emily!

Platinum

- **Jared Davis** – Jared had a great meet. He swam to all best times and inched closer to several JO qualifying times. He also focused hard on new stroke techniques.
- **Lonnie Lawhorn** – Lonnie also swam to all best times and is getting closer to several JO cuts. He also paid close attention to his stroke techniques so he will be better by the end of the short course season.

National

- **Logan Lawhorn** – Logan had a very consistent meet. She swam to new best times in the 100 fly and 100 free, and she competed well in her other events. Logan is continuing to make the improvements that we are focusing on at practice. Great job!
- **Janessa Mathews** – Janessa swam to best times in all of her events. She had huge drops in her fly and IM, and dropped more than 1 second in her signature breaststroke event. Janessa's hard work and focus on all four strokes in practice was evident this weekend!